



GRAY PAPER

8 SIMPLE TIPS TO PROSPER

Made Simple & Visual

BY QNITY



At Qnity, our mission is simple, it's to help YOU prosper in your business and life. We're here to help you earn more money, do what you love and have a great quality of life! Here are 8 simple tips to prosper, using our most popular visual thinking tool called a 9Grid™.

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9Grid™

Use 9Grid™ to: Plan projects | Solve problems | Organize thoughts | Create something brilliant

	<p>8 SIMPLE TIPS TO PROSPER</p>	

9Grid™

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9 Grid Visual Thinking Tool by Qnity™ | Mind Map | Storyboard | Step-by-Step | Spreadsheet

1

CREATE UNITY

Foundational to Qnity and to living a truly prosperous life is the concept of unity. Those that truly prosper take a whole brain approach and strive to live in a world of AND, not OR. Create unity between business AND creativity. Between the left brain AND the right brain. Between profit AND people. And between your head AND your heart.



: Where do you need greater unity?

2

GET CLOSURE

Life is messy. Business is messy. Relationships are messy. Establishing a practice of closure allows you to move forward without letting obstacles and the past hold you back. The quicker you can get closure to what's weighing you down, the quicker you can eliminate the fog and regain clarity. Getting closure is equally important for big things such as the death of a loved one, a limiting belief about money, or getting out of debt and small things like paying a bill or completing a project. Identify what's holding you back and move forward.



: What's one area you need to get closure in?

3

MANAGE ATM

In this time of upheaval, change and uncertainty, it is more important than ever to leverage your most important currencies in life; ATM. ATM stands for Attention, Time and Money. Money being an important currency is pretty straightforward. Money makes the world go round! The good news about money is—you can get it back, you can get more of it and you can replace it when it's lost. Attention and Time are not the same, once they're gone—they're GONE. Manage your ATM by investing in activities with a high return on investment.



What is one high return activity you can put in to practice with your Attention, Time and Money?

4

MAKE IT SIMPLE

We live in the world of TOO. Too much information, too much to do, too many choices and too much stuff. There's one key to simplification, it's "eliminate." Determine what's essential and eliminate the rest. In business, simplicity is a competitive edge. According to a study in the Global Brand Index, companies that practice simplicity outperform their competitors by 99%.



What do you need to eliminate to get greater simplicity?

5

GO VISUAL

Neurologically, we are visual creatures. When it comes to your finances, whether you are trying to make more money, help your team make more money or keep more of your money, use visuals to more effectively communicate what that means for you. For example, if making more money means the ability to buy a better home—put a picture of your goal somewhere you'll see it often. Encourage your team members to do the same!



What visual reminder can you create for yourself to inspire movement towards your goals?

6

TAKE SMALL STEPS

Small steps, when taken consistently over time, lead to big results. Break down your vision into small steps, the smaller, the better! Accomplishing the small steps leads to confidence and creates a domino effect. We are all about big goals, but start small to allow confidence to build.



What is one small step you can take daily towards accomplishing a big goal?

7

CREATE STRUCTURE FOR FREEDOM

Many people, especially creative professionals, crave and resist structure simultaneously. Creating structure in your life, especially in your finances, will actually lead to freedom. One simple structure that makes a massive impact is adding structure to your finances. A great way to do this is to track your cash transactions daily. Daily tracking helps create predictability, allows you to forecast for the future and often helps identify areas where your spending can be adjusted.



Where do you need to add greater structure in your life?

8

GO FROM KNOWING TO DOING

This is where the rubber meets the road. Everyone has the ability to live their most prosperous life. It's this simple jump, from knowing to doing—that separates those who achieve their dreams from those who don't. At Qnity, we believe visual tools help you get your ideas out of your head and get your mind into action. The 9Grid™, is a simple visual thinking tool to get what you know on paper—and outline steps to actually do it.



What is one simple action that you know if you did it would impact your prosperity?

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- 1 CREATE UNITY
- 2 GET CLOSURE
- 3 MANAGE ATM
- 4 MAKE IT SIMPLE
- 5 GO VISUAL
- 6 TAKE SMALL STEPS
- 7 CREATE STRUCTURE FOR FREEDOM
- 8 GO FROM KNOWING TO DOING



ABOUT QNITY

Qnity is a learning and development company that helps businesses and individuals prosper. Through their signature simple and visual approach, Qnity's core programs create structure that leads to transformative results in growth, engagement, leadership, execution and profitability. Led by Tom and Erin Kuhn, a father and daughter team, Qnity's training and award winning visual-thinking tools have helped thousands of salons, spas and other small businesses, as well as many esteemed brands, such as Merrill/Bank of America, JP Morgan/Chase, Estee Lauder and ULTA Beauty. Learn more at qnityinc.com, or find us on [Instagram](#) and [YouTube](#).



ABOUT THE 9GRID™

The 9Grid™ is one of Qnity's many whole brain thinking tools. Estee Lauder, Merrill/Bank of America, Chase and thousands of small businesses have used the 9Grid™ to create results in innovation, planning, problem solving and more. The 9Grid™ has also helped thousands of individuals create breakthroughs such as getting healthy, making more money, getting out of debt, and more! To purchase the 9Grid notebook, [click here](#).